

# 2026 John Sepulveda Spirit Camp

<b>Friday 7PM class taught by Ms. Eggleston to all adults</b>			
<b>Saturday</b>	<b>Juniors (ages 8 – 14)</b>	<b>White-Green (age 15+)</b>	<b>Brown/Black</b>
9:00am	Mr. Hazlewood	Mrs. Hammons	Mr. San Romani
10:30am	Mr. San Romani	Mr. Hazlewood	Mrs. Hammons
1:30pm	Special Event	Mr. San Romani	Mr. Hazlewood
<b>Sunday</b>	<b>Juniors</b>	<b>White-Green</b>	<b>Brown/Black</b>
9am	Mrs. Hammons	Mr. Moore	Mr. Moore

## FRIDAY, JUNE 19<sup>th</sup>

4:00 PM Check-In  
 6:00 Dinner  
 7:00 Adult Class  
 10:50 Bed Check  
 11:00 Lights Out

## SATURDAY, JUNE 20<sup>th</sup>

6:30 AM Wake Up &  
Cabin Cleanup  
 7:00 Physical Fitness  
 8:00 Breakfast  
 9:00 Class  
 10:30 Class  
 Noon Lunch  
 1:30 PM Class  
 3:00 Free Time/  
Swim Time  
 5:30 Dinner  
 7:00 Camp Fire Chat  
 10:50 Bed Check  
 11:00 Lights Out

## SUNDAY, JUNE 21<sup>st</sup>

6:30 AM Wake Up &  
Cabin Cleanup  
 7:00 Physical Fitness  
 8:00 Breakfast  
 9:00 Class  
 10:30 Camp Ends

You will need to bring your full uniform, belt, cup & supporter, sparring gear, mouthpiece, personal toiletries, sleeping bag, pillow, towels, insect repellent, sunscreen, change of clothes, bathing suit, shoes, snack food (money for snack shack optional), flashlights, and cameras for taking pictures.

Location: Camp Gifford Summer Camp, 3846 N Deer Lake Rd, Loon Lake, WA 99148